







Lindsay allegedly passes on coming out cover deal



Transit jumps on bike week



>> environment p.10



Volunteers keep eyes on nature

>> yourmoney p.12

Chic and cheap soiree tips



>> mind&body p.13





High 21°
Low 11°
WEATHER P. 19



NDP MP Alexa McDonough receives flowers from her granddaughter Abbie Jean, 6, after announcing on Monday she would not be running in the next federal election.

Alexa to retire

McDonough leaving federal politics to spend time with family

By **ROBYN YOUNG** Metro Halifax

While friends and family members welled up with tears, Alexa McDonough remained composed yesterday as she calmly announced the end of her 29-year political career.

She told a packed banquet hall at Halifax's Lord Nelson Hotel she intends to leave Ottawa come the next federal election.

"I feel very strongly that it is the right thing to do and this is the right time to do it," the NDP MP for Halifax told more than 100 media, politicians, family and friends.

leaving on good terms

» McDonough said her decision to leave politics has nothing to do with party members or New Democrat Leader Jack Layton.

"I have 100 per cent positive reasons, and a long list of them," she said, smiling at her grandchildren.

With three of her grandchildren sitting in the front row, along with her eldest son and stepdaughter, McDonough explained she is making the choice so she can spend more time with her family

She also wants to come home to Halifax.

"I want to be able to walk through the (Public Gardens) more often," she said.

McDonough began her political career in 1980, when she took over

leadership of Nova Scotia's NDP. She was the first woman leader of a recognized political party in Canada.

She was the leader of the federal NDP from 1995 to 2003 and was elected to Parliament in 1997.

Yesterday's announcement was the 11th anniversary of her initial election to Parliament. As the only female MP from Atlantic Canada, she is considered a trailblazer for women in Canadian politics.

Since she stepped down as leader of the federal NDP in 2003, McDonough has concentrated on international development and peace advocacy. She said she would continue working in both these areas, but would not take up another political appointment.

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MORE COVERAGE, PAGE 2

Stabbing victim a 'good guy'

By **LINDSAY JONES**Metro Halifax

The elderly man who was found stabbed to death near a central Halifax schoolyard was "a good guy," said one of his neighbours.

"He was all right, good to talk to," said the man, who didn't want to be named. "He kept to himself really."

A passersby found the body of Daniel Martin Newman, 65, at 3:30 a.m. Saturday on a path next to St. Patrick's-Alexandra School. Police say he was murdered.

Newman lived in a nearby onebedroom apartment in a public housing high-rise for seniors at 5565 Cornwallis St. He frequented Charlie's Club on the corner of Creighton and Cunard streets, but always just ordered water and sometimes asked to use the phone, said an employee.

"He walked around the neighbourhood a lot," the staffer said.

Newman had a lengthy criminal record showing convictions for theft, possessing stolen property, and breaching court-imposed conditions.

He had recently served five months in the Burnside jail and was released in May last year. At the time of his death, he had a \$300 outstanding fine and was awaiting sentencing for theft under \$5,000.

So far, police have no suspects.

Police are asking for help in piecing together Newman's whereabouts from 12:30 a.m. until 3:30 a.m. Saturday morning.

"We don't believe he was there for an extended period of time," said police spokesman Const. Jeff Carr.

He said there's no evidence to suggest it's connected to the May 3 murder of Jaumar Carvery, 21, in the same neighbourhood.

-linds ay. jones@metronews.ca



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local



Last weekend's IWK telethon raised more than \$5 million for the region's largest children's hospital. The money will go toward a special camera for the eye care team, beds with oxygen monitors for the birth unit, and a new microscope.

Stabbing death leaves students with questions

Students at St. Patrick's-Alexandra School had many questions yesterday about the stabbing death of a wellknown elderly man near their

school.

help

"The » Halifax Restudents gional Police are are askasking for the public's help in their latest i n g 'Why? It homicide invesdoesn't tigation. No susm a k e pects have been a n y sense,'" identified

said school principal Ken Fells

"We don't have the information so we can only say that these things happen."

Daniel Martin Newman, 65, was found murdered on a park pathway next to the Maitland Street school at 3:30 a.m. Saturday.

So far, police have no sus-

"A lot of the children know him very well." Fells said.

"It is June. What we may want to do is concentrate on what the students' interests are right now and make them feel comfortable."

LINDSAY JONES/METRO HALIFAX

Reactions to retirement

Those closest to McDonough offer their perspectives

Friends, family and colleagues of Halifax MP Alexa McDonough had a number of things to say about her announcement yesterday in Halifax that she will step down from her career in federal politics:

"It's a tough day, there are quite a few of us who've gone into politics because of Alexa McDonough and I'm proud to say I'm one of those people."

- Maureen MacDonald. MLA Halifax-Needham

"I'm excited for her; I'm excited for my family. I'm most proud of her because of her commitment to the people and the human condition as a whole."

- Justin McDonough, 38. Alexa's eldest son.

"It kind of means that I'm getting my friend back, I'm the one that sees her out of politics and I can't wait to go for a bike ride together."

Betty Anderson. Alexa's best friend since high school at Queen Elizabeth High.



NDP MP Alexa McDonough, left, walks to a press conference yesterday at the Lord Nelson Hotel where she announced that she would not be running in the next federal election.

"I think it will be a difficult adjustment for her and I think she knows that ... but I don't think it will be easy."

- Robbie Shaw, Alexa's brother and CEO of IWK Health Centre.

"If it wasn't for Alexa, I doubt that I would be where I am today."

 Darrell Dexter, leader of the Nova Scotia NDP.

"Forty-one per cent of the current NDP caucus is women, which is the highest it's ever been, and can be chalked up to Alexa's work."

timeline

- » Alexa McDonough born: Aug. 11, 1944 in Ot-
- » 1967: Graduated with masters' degree in social work from Dalhousie Uni-
- » 1979: First of two unsuccessful runs for Parliament
- 1980: Becomes leader of the Nova Scotia NDP. First woman to lead a recognized political party in Canada
- 1981: Elected to the Nova Scotia legislature, where she serves until 1995
- 1995: Beats Svend Robinson and Lorne Nystrom to become leader of the federal NDP
- » 1997: McDonough wins seat in Parliament; NDP regains official party sta-
- >> 2002: Announces she's stepping down as NDP leader
- » 2003: Jack Layton replaces McDonough as leader
- >> 2008: McDonough announces she will not seek re-election

Jack Layton, leader of the federal NDP.

METRO HALIFAX

Police seek suspects in vandalism

Police are still looking for vandals who smashed more than a dozen windows at Tantallon Elementary School overnight Friday.

Sometime between 10 p.m. Friday and 11 a.m. Saturday, someone shattered four upper windows of four classrooms at the rear of the building.

In total, 20 windows, including two double panes in the security doors, were bro-

Police believe the suspect(s) used some type of object, possibly a baseball bat, to break the windows.

A church group that rents space in the school discovered the damage Sunday morning.

"There was no disruption to students (yesterday),"

Halifax regional school board spokeswoman Shaune MacKinlay said. "The windows were replaced on Sun-

LINDSAY JONES/METRO HALIFAX

»news

In Brief

- **ACCIDENT** Five people ended up in hospital Sunday night after a three-car accident at the corner of Lacewood and Fairfax Drive. At 10:51 p.m., one vehicle hit another, then ended up in the intersection, where it hit a third car head-on. The driver of the first vehicle, along with four people from the car hit head-on, were taken to the QEII Health Sciences Centre. The injuries weren't life-threatening.
- **ROBBERY** Halifax Regional Police are looking for a man who robbed the Holiday Inn on Robie Street at 3:43 a.m. Monday, The suspect, who passed the front desk clerk a note demanding cash, is a 5'10" white man, clean-cut. wearing jeans, a dark sweater and a green T-shirt.
- **FISHING** Fisheries and Oceans Canada has again banned shellfish harvesting in a section of the Annapolis Basin only days after allowing its reopening. Thornes Cove and the Pony Road-Queen Anne Marsh were opened May 29 after tests showed a decrease in levels of bacteriological contamination. But DFO issued an urgent warning late on May 31 that Thornes

Cove was again closed. METRO HALIFAX



Hope for good weather: this is National Tourism Week. In Nova Scotia, tourism puts \$1.3 billion into the economy every year, and employs 33,000 people. Sixty-five per cent of tourism revenue comes from out-of-province visitors.



Mom asks for help with daughter

Sentencing today for third girl in torture case

By JON TATTRIE for Metro Halifax

The mother of the third girl to be sentenced for the savage beating of Kathie Lee Bennet behind a Dartmouth school last year told a court she'd do anything to keep her

daughter out of trouble

"I need something that they can show me how to deal with her," she told Halifax youth court Judge Pam Williams at a sentencing hearing yesterday, as both she and her 15-year-old daughter cried.

The mother admitted she had struggled with drugs in the past and had been convicted of shoplifting. She said

kicked victim once

Bennet, 18, was tortured by three girls for up to two hours on September 20. She was punched and kicked and had lit cigarettes burned into her tongue, ears, forehead and face. She was left with deep bruises and a fractured eye socket. The girl in court yesterday was present for the entire attack and kicked Bennet once.

she needs help so that she can help her daughter, who has pleaded guilty to her role in the vicious attack. Neither can be named under provisions of the Youth Criminal

Justice Act.

Brittany McNeil, 18, was sentenced in March to six years in jail for leading the attack. A second teenage girl got a two-year youth sentence last month.

Asked if she'd like to see her 15-year-old freed this week, her mother paused before saying no. "I think that (social services) should be in place before she comes home," she said, adding she hopes her daughter will be free and back in school by

Crown prosecutor John Nisbet withdrew his bid to have the teen sentenced as an

Expert witness Jessica Ius, a psychologist at the IWK, said the girl was "motivated" in her therapy and posed a moderate risk to re-offend. Ius singled out the role of the mother as critical to ensuring the girl gets her life on track when she leaves Waterville youth jail, where she has been for eight months.

Williams will sentence the teen this morning.

Metro Transit works toward cycling awareness

Demonstration pushes racks, respect for cyclists

By ROBYN YOUNG Metro Halifax

Metro Transit and the Halifax Cycling Coalition teamed up yesterday to encourage more commuters to use their

Peter Rogers, of the cycling coalition, demonstrated for cyclists passing by the Spring Garden Road Library how quick and easy it is to pop their bikes onto a transit bus bike rack.

He said people think the racks on the front of every new bus look tricky, but they're quite the opposite.

Rogers simply pulled the rack down from its folded position on the front of the bus, and lifted his bicycle into position, locking it into

"Bikes and buses are re-

HRM Bike Week 2008 events

» Today: Can Bike course - Adult learn to ride 1 -Chocolate Lake Recreation Centre, 4-9 p.m., \$30 Tomorrow: Mountain Equipment Co-op Bike to school day and commuter pancake breakfast day -MacDonald bridge on Dart-mouth side and MEC, 1550 Granville St., 7-9 a.m. » Thursday: Can Bike Course — Adult Learn to Ride 2 — Chocolate Lake

Recreation Centre, 6-9 p.m. » Thursday: Primp and

ally important for sustain-

In addition to Rogers'

demonstration, a Metro

Transit driver invited cy-

clists aboard her bus and

into the driver's seat to

demonstrate the difficulty

for bus drivers to spot cy-

of how to keep themselves

clists in their blind spots.

ability," he said.

Pedal Bike Social - Anchor Archive, 5684 Roberts St., 7 p.m. » Friday: Bike and Bowl —

various locations, 7-9 p.m. » Saturday: International Trails Day, various locations beginning at 10 a.m. » Sunday: Tri-city loop (50 km) — meet outside Perks coffee, 1781 Upper Water St. at 10 a.m.

» For further events, times and locations of HRM Bike Week events visit www.halifax.ca/bikeweek/

safe while cycling on roads with buses and cars.

"Rikes and buses almost travel at the same speed on the road and it's important to show our support and mutual respect for bikes and buses," Rogers said.

The demonstration was part of HRM's Bike Week 2008, promoting bicycle

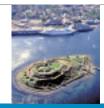
-robyn.young@metronews.ca



Peter Rogers of the Halifax Cycling Coalition demonstrated downtown yesterday how easy it is to mount a bicycle on the front of a Metro Transit bus. The city and the coalition members are hoping to encourage more people to cycle around the city as an alternative mode of transportation.

The exercise was intended to make cyclists more aware

who says Aces are hard to come by?



It's a landmark in Halifax Harbour, and now you have the chance to visit it. Tours of the normally off-limits Georges Island will be given on June 14 and 15. Tickets are \$14 and can be purchased by calling 451-1221 or online at www.ticketatlantic.com.

Court decides battle of travel firms

Maritime Travel wins suit against Go Travel Direct

By RACHEL BOOMER Metro Halifax

Maritime Travel has successfully sued the online travel operator Go Travel Direct for a 2004 ad that it claimed was "misleading".

In a decision released yesterday, Nova Scotia Supreme Court Justice Suzanne Hood ruled that Maritime Travel lost nearly \$217,000 after Go Travel Direct ran ads in local newspapers claiming their specials were "Not available from your Maritimes travel dealer" and marketing themselves as cheaper than travel agents.

At the time, the two were locked in a hot competition for the winter sun travel business and were regularly matching each other's prices.

Go Travel Direct began running the ads in January 2003 and continued until 2005, but Hood ruled it was only an ad in 2004 that violated the federal Competition Act. She found Go Travel dropped its price on a resort in Puerto Plata, Dominican Republic in time to run an ad

in January, and then raised its price again after the ad

"Had Go Travel Direct not directed misleading advertising at Maritime Travel in 2004, its market share would have increased over that in 2003," Hood wrote. "The ad is more than merely one-sided.

It does not have a reasonable basis for its representation. It was clearly unfair."

The decision means Go Travel will have to pay \$216,842 to Maritime Travel, along with an unspecified amount toward Maritime Travel's legal costs.

-rachel.boomer@metronews.ca

»news In Brief

PAYMENT Former employees are still waiting for a final payment from the surplus remaining in the Cape Breton Development Corp. non-contributory pension fund. Bob Burchell, a United Mine Workers of America official and chairperson of the pension committee, said a hearing will be held before a judge on July 9 into a claim that had been turned down by the committee

METRO HALIFAX

Police probe deadly crash

Police are inspecting the vehicle involved in an accident. which killed a 24-year-old Albert Bridge native.

Joshua Daniel Massiah was killed in a single-vehicle accident on the Brickyard Road, Saturday at around 3:30 a.m.

The vehicle has been towed to the Cape Breton Regional Police office in Glace Bay for inspection. It is unknown when the inspection will take place or when the results will be made avail-

"They'll just inspect the vehicle from bumper to bumper to see if there was anything wrong with it previous to the accident," said Const. Dan Lewis, community officer for the Cape Bre-Regional Police, yesterday. THE CAPE BRETON POST



The Spring Garden Road library opened in 1951 as a memorial to the city's war veterans. A library planning group presented the chosen building concept for the new central library to the

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New central library plan unveiled

The proposed new central library will be three times larger, house an auditorium and café and be open seven days a week.

Halifax Public Libraries unveiled their plans for a future central library on the corner of Spring Garden Road and Queen Street last

night, following rounds of public consultation.

"It's going to become a cultural hub. It's not only a traditional library service provider anymore," said Halifax Public Libraries spokeswoman Helena Sergakis. "It's a state-of-the-art technology centre and really there for

community needs."

The proposed facility has more than 10,000 square metres of library space, a 250seat auditorium, 50,000 additional new materials for adults and a children's collection doubled in size, among other amenities.

LINDSAY JONES/METRO HALIFAX

Capital Health

What in the world is a medical cyclotron?

A medical cyclotron is a device that creates radioactive materials (called isotopes) used in the diagnosis and treatment of cancer and other diseases and conditions. It is also used for medical research.

Capital Health is preparing to install a medical cyclotron at the V.G. Hospital site in Halifax. As part of the federal government's approval and licensing process, Capital Health is inviting members of the community to an open house to learn more about this project.

Please join us at our open house:

When? Tuesday, June 10, 2008

2 to 4 p.m. or 6:30 to 8:30 p.m.

Centennial Building, Room 1-026

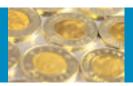
V.G. Hospital site

Experts will be on hand to answer any questions you might have about medical cyclotrons.

www.cdha.nshealth.ca

Healthy People, Healthy Communities

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The Ontario Court of Appeal has dismissed an appeal by Charlene Walsh, a former Tim Horton's employee in Toronto who sued the company for \$10 million alleging she had been wrongfully fired after being accused of stealing a toonie in 1999.

**Toronto Who Service Toronto Who Service Toronto Who Service Toronto Walsh Wa

Panel to probe Bernier affair

Opposition MPs outvote Tories to hold inquiry

A parliamentary committee will launch an inquiry into the Maxime Bernier scandal next week in the wake of Prime Minister Stephen Harper's refusal to hold an independent investigation.

Opposition MPs on the public safety committee yesterday outvoted the Conservative minority to push ahead with an inquiry into the security breach involving Bernier and ex-girlfriend Julie Couillard.

"Since Mr. Harper is refusing to call a full public inquiry, we will do this," said Liberal MP Ujjal Dosanjh (Vancouver South), a committee member

Starting a week today, the committee will look into the facts surrounding the former foreign affairs minister's resignation after it was revealed he left confidential cabinet

hearings

The panel has set aside four days for hearings and will sit even if the Commons adjourns for the summer. Along with Bernier and Couillard, Harper is on the list to be called to testify before the committee.

documents at the home of Couillard, who had past romantic ties to organizedcrime figures.

Harper yesterday ignored opposition calls for an independent inquiry or an RCMP investigation into the Bernier affair, saying an internal foreign affairs department investigation is good enough.

"The rules with regard to classified documents are extremely important. That is why the minister offered to resign and why I have accepted his resignation," he said.

Yesterday was the first day in a week Harper faced questions on the Bernier affair. Shortly after accepting Bernier's resignation, Harper left for Europe.

"An internal review is clearly not enough," said Liberal Leader Stéphane Dion.

"This shows, again, that the prime minister does not take this issue seriously — an issue that made the news on every continent and made his government a laughing stock." TORSTAR NEWS SERVICE

Deaths stun friends of 'regular guy'

Man suspected in murder-suicide in Ottawa

By **NEIL MACKINNON** Metro Calgary

While Ottawa police continued their investigation last night into Saturday's apparent murder-suicide, friends of Ryan Sawchuk in Calgary expressed astonishment the "regular guy" they knew could be a suspected killer

Wes Jardine, Sawchuk's occasional defence partner on both the Calgary Beefcakes and Vipers summer hockey squads, said the 28-year-old Calgarian was a skilled player, a joker, easygoing and a guy he never would have thought capable of violence against his fiancé. Alicia Bateman. 28.

"He was a regular guy, no demons, no issues that anyone was aware of anyway," Jardine said yesterday.

Autopsies on the bodies of Bateman and Sawchuk were being conducted in Kingston yesterday to officially determine causes of death after both were discovered in an Orleans home following an emergency call.

Metro confirmed reports Bateman had been strangled in the garage of her home, while Sawchuk was found in the home, hanging from a noose.

Major Crime investigators are expected to complete their search of the two-storey brick home today.

Charges possible for B.C. polygamist sect

A Canadian polygamist community belonging to the same breakaway religious sect that was raided by Texas authorities in April is again facing possible criminal charges, officials said yesterday.

A special prosecutor has been appointed to look at allegations of misconduct in the Bountiful, B.C., community whose members have quietly practised polygamy since the late 1940s.

But the announcement also exposed a split in the

provincial attorney general's office over how to pursue a case that has some prosecutors fearing it will lead to Canada's anti-polygamy laws being declared unconstitutional.

A special prosecutor decided last year not to pursue criminal charges, but suggested the Supreme Court of Canada be asked directly if the polygamy law was constitutional or if it unfairly infringed on religious rights.

REUTER

B.C. Special delivery



Dr. Simon Peacock, dean of sciences at UBC, steps around the fin of a preserved blue whale that arrived in Vancouver yesterday. The 8,180-kilogram blue whale skeleton and its carious flipper arrived from P.E.I. where it was unearthed.

Ontario, Quebec join forces

In a rebuff to the Canadian government's plan to fight climate change, the country's two biggest provinces agreed in principle yesterday to set up a market-based system to curb greenhouse gas emissions.

The premiers of Ontario

and Quebec, which between them account for almost two-thirds of Canada's 33 million population, said Ottawa's program to cut emissions 20 per cent from 2006 levels by 2020 was inadequate and misguided.

REUTERS

»news In Brief

» POLITICS Liberal Leader Stéphane Dion and eight other former candidates for his job will be telling Elections Canada today they need more time to pay off an estimated 52 million or more the 2006 leadership campaign.

POLL The federal Conservatives widened their lead against the Liberals in an opinion poll published yesterday. The Ipsos Reid poll said 36 per cent of voters supported the Conservatives, up from 35 per cent a month earlier. Support for the Liberals fell to 29 per cent from 32 per cent.

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6

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world



A small study showed that probiotic, or "good" bacteria in a daily drink can change the immune system's response to grass pollen, a common cause of allergies, and balance antibodies in a way that may provide relief to people with the condition.

Plane plot a 'stunt': Accused

A British Muslim accused of plotting to blow up transatlantic airliners told a court yesterday he was planning a publicity stunt to draw viewers to a documentary about British and U.S. foreign policy.

Opening the defence's case, Abdulla Ahmed Ali, 27, told the court he and his friends had hoped to grab the world's attention but did not intend to kill anyone.

"What we were going to do was make a small device that would be set off in a sensitive area that would cause a lot of alarm and tension and chaos, or whatever," Ali told the court. "We never intended to murder anyone or to injure anyone," he said. "We never even thought about going on an airplane."

Prosecutors say the suspects intended to simultaneously blow up a number of planes in mid-air from Heathrow airport to the U.S. and Canada, potentially killing hundreds, before they were caught in August 2006. REUTEN

Clinton to call it quits?

Speculation rife that she'll end White House bid

Hillary Clinton comes home to New York today, surrounded by family and her most loyal supporters, amidst signs she will bow to the mathematical reality that Barack Obama will be the Democratic party's 2008 presidential nominee.

Voting for the nomination

no word yet

» Clinton aides cautioned that she would not concede tonight as the longest Democratic primary race in history — during which a record 35 million votes were cast — ends five months to the night that Obama shocked the one

ends today and the race could sputter on after the polls close, but there were reports that Clinton is shedding campaign staff, there is no campaign itinerary after tonight and she and Obama will be in the same city with Democratic leaders tomorrow.

The clearest hint that the end was here came from her chief campaigner, former president Bill Clinton, who either slipped badly off message again or signalled his wife's last hurrah.

"This may be the last day I'm ever involved in a campaign of this kind," he said in South Dakota yesterday, wistfully adding it had been an honour to campaign across the country on behalf of his wife

Publicly, the candidate gave no sign that she was about to fold her tent.

TORSTAR NEWS SERVICE

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The Trade-marks Practitioner — An Advanced Course

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are held in Montreal at McGill University.

England PM stands by terror plan



A woman walks past graffiti on a wall in London yesterday. British Prime Minister Gordon Brown said yesterday he would stick to his principles over plans to detain terrorism suspects for longer prior to being charged despite the prospect of a humiliating defeat in parliament.

Neil appears in court

Canadian accused of abusing boys

A Thai court began the formal trial yesterday of Canadian pedophile suspect Christopher Neil, seven months after he was arrested in a global manhunt triggered by "swirly face" images of abuse found on the Internet

Neil, his wrists and ankles shackled as he appeared in the Bangkok Criminal Court, pleaded not guilty to four charges of molesting and distributing pornographic images of two Thai boys.

"I deny all the charges as I



Christopher Paul Neil sits in a detention cell at the Bangkok Criminal Court yesterday.

have done nothing wrong," Neil said. If found guilty, the 32-year-old could spend up to 20 years in jail.

Neil presented a list of four defence witnesses and re-

fused to pay 300,000 baht (\$9,200) in compensation demanded by the parents of one of the boys. The next hearing was due October 7, Neil's lawyer said.

polygamy

Texas court rules kids can go home

RULING More than 400 child members of a polygamist sect began returning to their families yesterday after a judge lifted her order giving the state of Texas custody of the children.

Also yesterday, a leader of the Fundamentalist Church of Jesus Christ of Latter-Day Saints said the sect would no longer sanctify marriages of girls under the legal age of consent.

State District Judge Barbara Walther ordered parents to be ready for unannounced home visits by authorities to the FLDS compound, the Yearning for Zion ranch in West Texas, and barred them from taking the children out of Texas without court approval.

»news

In Brief

STUDY Long-term heavy use of marijuana may cause two important brain structures to shrink, Australian researchers said yesterday. Brain scans showed the hippocampus and amygdala were smaller in men who were heavy marijuana users compared to nonusers, the researchers said.

FIRE A fire that burned through a large swath of the Universal Studios Hollywood back lot during the weekend was accidentally sparked by workers using heating tools on a film set, fire officials said yesterday.

» BLAST A suspected suicide bomber blew up a car outside the Danish embassy in the Pakistani capital yesterday, killing six people and wounding 25, government officials 25d, REUTERS

C\$ 98.88¢US U.S.\$ 100.12¢

DAIL

Possible credit downgrade will hurt, says Nova Scotia Power: Without approval of a requested 12% rate increase, Nova Scotia Power says its already low credit rating will be downgraded. The Dominion Bond Rating Service rates the utility as A low-stable rating, and Standard & Poors gives it a BBB stable rating, which are the lowest ratings among regulated Canadian utilities. NSP says that if its credit rating is downgraded, it could face higher interest rates, problems attracting investors and securing fuel purchase agreements. NSP claims it is viewed as a high-risk business because it can't recover fuel costs as it incurs them.

Armament Technology makes Profit's list of quick growers:

Canada's Fastest-Growing Compa-nies, released by Profit magazine, features only one Nova Scotia company: Halifax's Armament Technology Inc., at number 16. The weapon sight distributor was included after consideration of its revenues after five years, which grew by 2,738%. The average Profit 100 company grew its revenue by 1,800%.

Science scholarship launched:

ImmunoVaccine Technologies Inc. (IVT), a Halifax vaccine development company, launched the War-wick Kimmins Science Scholarship yesterday to high-school students in Atlantic Canada. The scholarship is aimed at encouraging students to pursue science in university. To apply for this scholarship, students must complete the application form and submit an essay on what scientific breakthrough they would like to make and why. The deadline to apply is June 13, 2008. Students may apply online at www.im-munovaccine.com.

Cutting down on paperwork:

Effective June 1, measures were put in place by the provincial government to help reduce about 30,000 hours of paperwork for businesses per year. This is a result of amendments to the Companies Act that were introduced in the fall of 2007 Service Nova Scotia and Municipal Relations Minister Jamie Muir says the changes will contribute to the province's goal of reducing paper-work faced by businesses through the Better Regulation Initiative.

Get the full stories delivered to by signing up for the Daily Business Buzz www.nebj.ca

In Brief

CANADA The Royal Dutch Shell CEO said he did not see any shortage of physical oil supplies. TORSTAR NEWS SERVICE

Metro Halifax

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sports



Lorena Ochoa, left, the world's No. 1-ranked player, announced yesterday she will be in Canada Aug. 11-17 to defend her CN Canadian Women's Open title at the Ottawa Hunt and Golf Club. METRO NEWS SERVICES

Sykora keeps Pens alive Lakers a good

Forward scores winner in triple overtime

PENGUINS 4 RED WINGS 3 (30T)

They played almost 110 minutes of heartthumping, tension filled playoff hockey. Now, they'll play more.

Three overtimes of Stanley Cup final action last night at The Joe did not produce in the result the hometown audience desired and screamed for all night long. Instead, Petr Sykora, nearly invisible for the first four games of the 2008 Cup final, delivered the winner at 9:57 of the third OT to produce a 4-3 Pittsburgh victory over the Red Wings, sending the best-ofseven series back to Pennsylvania for Game 6 tomorrow night.

For the final half of regulation play and for three overtimes, it was Detroit relentlessly pelting heroic Pittsburgh netminder Marc-Andre Fleury with shot after shot, while the Penguins could manage only occasional forays into the Detroit zone.

The night, you should know, certainly hadn't started that way.

It began with the Wings inexplicably sluggish and mistake-prone. But it was 1-0 nine minutes into the game for the Penguins on a quick-wristed shot by a stationary Marian Hossa, then 2-0 for the white-clad visitors before the game was 15 minutes old after Niklas Kronwall inadvertently flipped the puck off the shaft



Detroit Red Wings forward Pavel Datsyuk shoots the puck off the crossbar past goaltender Marc-Andre Fleury of the Pittsburgh Penguins during game five of the 2008 NHL Stanley Cup Finals last night. The Pens won the game 4-3 in triple overtime.

of Chris Osgood's stick into the Detroit

Gradually, however, the Wings began to assert themselves, and a Darren Helm shot that glanced of the skate of a sliding Rob Scuderi skittered between the legs of Pittsburgh goalie Fleury and cut the Penguin lead in half, 2-1.

Finally the Wings tied the game 2-2 on a Pavel Datsyuk deflection, his first goal of the series.

Less than three minutes later, they

scored again on a wrist shot by Brian Rafalski, and suddenly the Cup seemed to have one Detroit hand and two fingers on

But the Pens pulled Fleury with just over a minute left and seemed to burst to life. Osgood stopped Hossa's shot with his left foot, but Maxim Talbot jammed the puck over the goal line with 34 seconds left and, in stunning fashion, there was overtime to be played.

TORSTAR NEWS SERVICE

bet to win it all

his season's Boston Celtics recorded the largest one-year improvement in NBA history (24-58 to 66-16), but they are long shots to win what counts most - the league's championship.

Oddsmakers have established Kobe Bryant and the Los Angeles Lakers as heavy favourites over the Celts in the NBA Finals, which opens Thursday night.

The Lakers are \$1.95 favourites, meaning wagerers who take them must lay that much to win a dollar. If the Celts prevail, bettors would collect \$1.65 for every dollar they place on them.

» My hunch: Boston with the upset in seven games (with a reminder that I'm sometimes wrong) ... Oddsmakers have established Bryant as the series' MVP favourite. at 2.25-to-1. Then come the Celts' Kevin Garnett at +2.25-to-1 and Paul Pierce at +4.75-to-1 ... After last season, before they acquired Garnett and Ray Allen, the Celts were 300to-1 underdogs to capture this year's championship ... Oddsmakers also have issued this highly unusual prop bet: Will Charles Barkley be spotted on a casino gaming floor before the start of the 2008-2009 season? Payouts are +1.75 for a yes and -3.75 for a no. The ex-NBA-starturned-analyst, who recently paid off a gambling debt of about \$400,000 US, has vowed on national TV that he'd refrain from gambling for at least a



» In baseball, sources are

telling us the Blue Jays and Seattle Mariners are bidding for catcher/first baseman Scott Hatteberg, released last week by the Cincinnati Reds ... The Chicago Cubs have won only one road series this season, yet they occupied first place heading into June for only the first time since 1908 ... The firstplace Tampa Bay Rays are for real (please check out my most recent MLB column at metronews.ca) but they still rank dead-last in AL attendance ... From the New York Daily News: The Yankees' Alex Rodriguez "must have been so bummed" after a recent loss that, during a postgame meal at Hooters in Baltimore, he dismissed a young fan who wanted his autograph. "Excuse me, Mr. Rodriguez, may I please have your autograph?" the excited 10year-old asked him. Rodriguez's response: "Beat it." He had two different words for the chesty waitress he bumped into as he left. "Nice ass."

In three-plus decades as a columnist and broadcaster, Marty York has built a network of solid contacts and a renowned reputation for his hard-hitting, groundbreaking style. The tradition continues in Metro Sports.

Sharapova upset by fellow Russian

»sports In Brief

- » NFL Controversial cornerback Adam "Pacman" Jones has been granted permission by the NFL to join his Dallas Cowbovs teammates for training camps and pre season games, but he has not been reinstated from his suspension.
- » MLB Texas Rangers outfielder Josh Hamilton yesterday was named the the Month for May, the second consecutive monthly honour for the major league

METRO NEWS SERVICES

Top seed lets

huge lead slip

Maria Sharapova's French Open dreams were shredded by a familiar foe yesterday, while Roger Federer plunged a dagger into French hearts.

Sharapova has never felt. at home in the heartland of claycourt tennis and yesterday her weakness was unashamedly exposed during a 6-7, 7-6, 6-2 demolition job by fellow Russian Dinara

As Sharapova was booed out of Paris by hostile

crowd, Federer maintained his aura of calm to subdue the



fourth year running. The Florida-based Sharapova had arrived in Paris announcing herself as the new face of a well-known jewellery company but during her nine-day stay in the French city, her game failed to sparkle.

"It's not easy trying to write an incredible story that everybody's going to love," said the Australian Open champion.

"As much as I want to go out there and do everything perfect, especially on this stuff, it's not as easy."

REUTERS

SCOREBOARD

STANLEY CUP FINAL
PITTSBURGH VS. DETROIT
Game 5 — Last night
Pittsburgh 4 Detroit 3 (30T)
Game 6 — Tomorrow
Detroit at Pittsburgh, 9
"Game 7 — Saturday
Pittsburgh at Detroit, 9
(Detroit leads series 3-2)
"= "if necessary

if necessary)
PLAYOFF SCORING LEADERS

 PLAYOFF SCORING LEADER

 Name, team
 G
 A
 P

 Crosby, Pgh
 6
 18
 24

 Zetterberg, Det
 12
 11
 23

 Mari.Hossa, Pgh
 10
 12
 22

 Datsyuk, Det
 9
 11
 20

 Malkin, Pgh
 9
 10
 19

NRA FINAIS

NBA FINALS
BOSTON VS. I.A. A LAKERS
Game 1 — Thursday
L.A. Lakers at Boston, 10
Game 2 — Sunday
L.A. Lakers at Boston, 10
Game 3 — Tuesday, June 10
Boston at L.A. Lakers, 10
Game 4 — Thursday, June 12
Boston at L.A. Lakers, 10
Game 5 — Sunday, June 12 Game 6 — Tuesday, June 17 *L.A. Lakers at Boston, 10

- if necessary)

LAST NIGHT'S RESULTS AMERICAN LEAGUE

AMERICAN LEAGUE
Baltimore 6 Boston 3
Minnesota 6 NY. Yankees 5
Cleveland 13 Texas 9
Detroit at Oakland
LA. Angels at Seattle
NATIONAL LEAGUE
Atlant 7 Florida 5 (10 ings)
Milwaukee 4 Arizona 3
Philadelphia 5 Cincinnati 4
Pittsburgh 5 St. Louis 4
Chitago Cubs at San Diego Chicago Cubs at San Diego Colorado at L.A. Dodgers

N.Y. Mets at San Francisco
TONIGHT'S GAMES
AMERICAN LEAGUE
Tampa Bay at Boston, 8:05
Toronto at N.Y. Yankees, 8:05 Cleveland at Texas, 9:05 Baltimore at Minnesota, 9:10 Kansas City at Chicago W. Sox, 9:11 Detroit at Oakland, 11:05 L.A. Angels at Seattle, 11:10 NATIONAL LEAGUE Houston at Pittsburgh, 8:05 Cincinnati at Philadelphia, 8:05 Florida at Atlanta, 8:10 St. Louis at Washington, 8:10 Arizona at Milwaukee, 9:05 Chicago Cubs at San Diego, 11:05 Colorado at L.A. Dodgers, 11:10

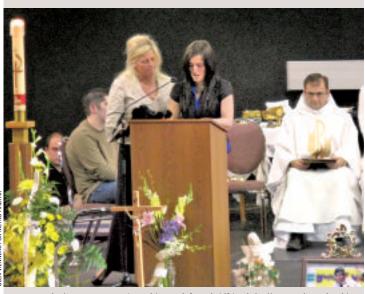
N.Y. Mets at San Francisco, 11:15

make a film. enter a contest. win stuff www.superu.ca

Visit www.metronews.ca/qfiles for Matthew Wuest's Q Files blog. He'll provide the latest scoop on the Halifax Mooseheads and the QMJHL draft, which is this weekend in Sydney.



Final farewell **Bourdon laid to rest**



Luc Bourdon's great aunt Monique Chiasson, left, and girlfriend Charlène Ward, speak at his funeral yesterday in Shippagan, N.B., yesterday. Over 2,000 people turned out to honour Bourdon, a defenceman for the Vancouver Canucks and a former Cape Breton Screaming Eagle, who died in a motorcycle accident last week.

Picard, Bolts reach deal

MacLean, King sign in Europe

Former Halifax Mooseheads defenceman Alexandre Picard signed a multi-year contract extension with the Tampa Bay Lightning yesterday

Picard, a former MVP of the Mooseheads, had three goals and three assists in 20 games with the Lightning after joining the team from the Philadelphia Flyers in a midseason trade

The 22-year-old has 28 points in 92 career NHL

"Picard played very well for us following his acquisition last season," Lightning general manager Jay Feaster

said in a release. "We look forward to

his continued development into what we believe will be a top-four defenceman.

It's a one-way contract,

meaning Picard is assured of at least the NHL's minimum salary of \$475,000 US, even if he is sent to the minors.



Bedford's Donald MacLean has signed with the Malmo Redhawks of the Swedish Elite League after splitting last season between Switzerland's Zurich (five points in 11 games) and Austria's Salzburg

(20 points in 13 games).

The 31-year-old forward has played 41 career NHL games.

» Former Halifax Mooseheads star Jason King has signed with Adler Manheim of the German Elite League. He played four NHL games with the Anaheim Ducks last season, but spent the bulk of the vear in the American Hockey League.

King, who has played in 59 NHL games, produced 29 goals among 59 points in 65 games with the Portland Pi-

» Former Mooseheads blueliner Pierre-Olivier Beaulieu has signed with the Crimmitschau Ice Pirates of Germany's second division.

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and FX101.9 Today's County for the

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metronews.ca or

June 12-13.

-MATTHEW WUEST/ METRO HALIFAX

Mooseheads should be busy around draft

Team expected to deal veterans in effort to retool

By MATTHEW WUEST Metro Halifax

The Halifax Mooseheads are going back to the drawing board at this weekend's Quebec Major Junior Hockey League draft.

The Mooseheads will start the process of retooling a club that was built for a championship run this past season, and will be sellers more than buyers at the draft table in Sydney.

The process is expected to get underway quickly, as sources say over-agers Peter-James Corsi and Guillaume Monast already appear headed to the Drummondville Voltigeurs and Quebec Remparts for various draft picks to complete last season's trades for David Bouchard and Brad Marchand.

Mooseheads general manager Marcel Patenaude will also entertain other offers - likely to centre around key veterans Logan MacMillan, Andrew White and Mark Yetman — and his plan is to have a heavyweight contender for 2010-11.

"My strategy for the next three years is to stay competitive," Patenaude said. "It's the same strategy as three years ago, when we acquired picks to draft (Ben) MacAskill, (Yuri) Cheremetiev, MacMillan and (Daniel) Smith. We want players we think can make us a contender in three years."

If the Corsi and Monast deals go down as most expect, the Mooseheads will be left with picks in the second,

> third and fourth rounds. They'll also have two seventh-rounders.

Yetman, who projects as Halifax's starting goaltender next season, is virtually guaranteed not

to be dealt. MacMillan will be sought after by contenders such as the Memorial Cup host Rimouski Oceanic, as will White, to a lesser extent.

"Nobody's untouchable," Patenaude said. "If I get serious offers for any of our players, it's going to be discussed. If a team will give us what they're worth,

Patenaude may be better served waiting until Christmas if he'd like to move MacMillan or White. MacMillan is coming off a tough year in which he battled fatigue, while White has potential to more than double his career-high of 34 points. Quick starts in the fall will boost the value of both players.

"It also depends on a player like Logan, too ... If Logan wants to stay in Halifax, we're committed to our players and we won't change that philosophy,"

Patenaude said » The trade period opens first thing Friday morning ... Lower Sackville standout Ben Duffy, a top-10 draft prospect, will participate in the top prospects presentation later Friday ... The draft is Saturday morning at Centre 200. -matthew.wuest@ metronews.ca





ENVIRONMENT |

Tuesday, June 3, 2008

Watch and learn

Volunteers help to assess ecosystems

f you're looking to make a difference in your local environment, consider taking part in the NatureWatch program.

NatureWatch is a series of community-based programs, partnered between Nature Canada and Environment Canada's Ecological Monitoring and Assessment Network co-ordination office. In the programs, Environment Canada collects information on ecosystems and their plants and animals across the country to better understand how stressors such as global warming, acid rain and invasive species impact them, according to the web-

Currently, the series is divided up into four programs (details below) .:

FrogWatch

ENVIRONMENT Canada speculates on its website that frogs and toads are particularly vulnerable to damage caused by pollution because they have semi-permeable skin and they live between water and land. They also act as an indicator species for the health of Canada's wetlands - environments that are integral to the country's biodiversity and natural health.

IceWatch

WHILE THE warming of Canada's climate as a result of greenhouse gas



FrogWatch and WormWatch are part of a series of community-based programs called NatureWatch.

emissions is common knowledge, more information is needed about how climate change will impact different regions of Canada, and how ecosystems in those regions will react to that change. Ice cover can profoundly affect water temperature and chemistry, food supplies, trade, tourism and the breeding seasons and migration patterns of birds.

PlantWatch

SPECIES OF PLANTS are blooming almost a month earlier than they were a century ago, scientists say, and they add global warming and climate change are largely to blame. The greatest increases in temperature are predicted for the West and the North.

 $\label{thm:continuous} \mbox{Volunteers in this program track}$ where and how fast the changes are taking place, and they learn more about the country's botanical diver-



WormWatch

THIS PROGRAM uses earthworms to get a better grasp of how soil ecology sustains agriculture and the environment. Hands-on learning activities promote knowledge of the ground beneath us, and are key elements in collecting data used for a

>> For more information, visit www.naturewatch.ca.

METRO NEWS SERVICES

save the Earth

- » Use reusable cloths and rags instead of paper towels to clean.
- » Instead of using chemicals and paper towels to wash your windows, try 125 ml vinegar (1/2 cup) and 1L water (4 cups), and a
- » If spaced is limited, try growing organic vegetables in containers or window boxes.
- Have a garage sale to help recycle your unwanted items. Some-

one's trash is another's treasure.

- » Donate electronic equipment to specific recycling groups or recycle them. This will help reduce pressure on landfills.
- » When buying wooden fencing and garden furniture, consider whether the wood is from a wellmanaged forest. Deforestation is a serious problem in some areas of the world, leading to loss of top soil and flooding, amongst other

problems.

- When boating, avoid stirring up bottom sediment with propellers. Keep personal watercraft out of shallow areas that are critical habitat for spawning fish, aquatic plants, and aquatic invertebrates. >> Hunters and anglers should use non-lead shot and fishing gear so
- birds eating spent shot or lost sinkers will not be poisoned.
 SOURCE: ENVIRONMENT CANADA

national earthworm census.

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We give where we live. Bring any mobile phone in to your local TELUS store for recycling, and we'll plant a tree. Working in partnership with Tree Canada, thousands of our team members will plant trees in communities across the country on our annual TELUS Day of Service. Last year, our Return & Recycle Program collected over 40,000 phones. Let's make those numbers grow. For more information please visit telus.com/recycling



environment week **11**

Change at least one light bulb to a compact fluorescent; they use about a quarter as much electricity as a conventional light bulb to produce the same amount of light. They cost a bit more, but they last up to 10 times longer. ENVIRONMENT CANADA

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Getting down to Earth





Flower brooch, made from recycled leather, by Clothes Horse Designs, \$58. "Walk in the park" hair clips made with twigs, by Thera Ip, \$20 each. Available at Made You Look Accessories, www.madeyoulook.ca.





George acacia wood tray, \$19.97, and salad bowls, \$6.97 each. Available at Wal-Mart, www.walmart.ca.



Organic mini covered rice and sesame cakes by Nativa, \$1.99 for a 60 g bag, right, and Bio-life products environmentally friendly household cleaning products — ranging in price from \$3.99-\$6.99 each. Available at Shoppers Drug Mart, www.shoppersdrug



today's commuter challenge stats

- » Registered (participating) users: 19,379 (6034))
- Registered communi-
- ties: 549
- » Registered workplaces: 4,166
- **Total kilometres**
- saved: 173,024
- » Total emissions (GHG) saved: 27.046 kg
- » Total emissions (Nox) saved: 131 kg
- » For more updates, or to register, check out the National Commuter Challenge website at www.
- commuterchallenge.ca. METRO NEWS SERVICES

» going out

To June 4. The theme at this year's Renewable Energy Conference is "Buyers & Sellers." It is host to producers, suppliers, large energy consumers, municipalities, and governments as they discuss how to advance wind, tidal, geothermal, biofuel, biomass, and solar technologies and projects. Keynote presentations in the main room with workshops in breakout rooms. Topics will include Carbon Credit Trading and Bio-fuel Technology. In the Commonwealth & Lunenburg Rooms, at the Westin NS Hotel. For more, visit www.renewableenergy conference.ca.

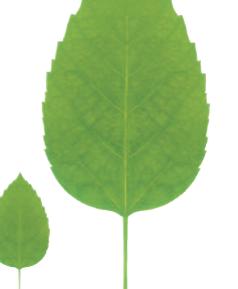








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ВМО	CIBC	ICICI	ING				
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PCF	RBC	Scotia	TD				
3.05%	2.75%	2.25%	0.05%				
savings accounts/interest rates							

Consider bundling your auto policy with home insurance for additional savings and check with your insurance company before buying a new car to avoid any surprises.

NEWS CANADA

Hostess who saves most

Keep parties chic while cheap

Dear Smart Cookies, I recently started reading your weekly column and love it. You always provide such great advice and I am hopeful that you can help me out as well. Next month I am hosting a dinner party for six of my closest girlfriends. I am looking for ways that I can show everyone a great time without going broke in the process. Thoughts?

This weekend we hopped from one Sex and the City party to another, searching for great martinis and creative tips on how to throw an unforgettable get together that your guests will think cost you a fortune (it was hard work but someone



had to do it!) and here's what we uncovered.

DRINKS: If you're serving wine, buy a less expensive (but tasty) boxed wine and then put it in a beautiful decanter. Don't you worry, your guests will never know the difference and you'll be richer for it. You will save up to 25 per cent. And to stretch your wine even further, consider serving Sangria, which can be made

with inexpensive white or reds, along with soda, fruit, juices and brandy.

Or better yet, rather than serving wine, serve hard liquor. A 750 ml bottle of wine will pour 6 drinks, while a 26 oz. bottle of vodka will serve 26 drinks. **DINNER**: For dinner parties, hit up your local farmer's market or ethnic market for fruits, veggies and even meats. You will spend a fraction of what you would pay at a large grocery chain. We found beef tenderloin at the local grocery store for \$49.47 and we were able to get the same cut of meat at our local butcher for \$35.97 - 28 per cent less!

If cooking gourmet specialty items is your thing, test out a local cooking studio where you can prep your meal ahead of time.

These trendy studios include all ingredients and cooking supplies: Cost average is about \$5 per serving. DESSERT: Don't be shy. When your guests ask if they can bring something, your answer should always be "yes"! Dessert is a great item to suggest your guests bring. But whether it's a dessert, an appetizer, or a bottle of wine, don't be afraid to ask because your guests will be glad to contribute

Bon appétit!

If you have questions for the Smart Cookies or want to share your confessions, please email smartcookies@metronews.ca.

The Smart Cookies show you their way to financial freedom. Tune in Wednesday night at 9 p.m. EST/PST on the W Network. Be sure to visit smartcookies.com to get new money tips and sign up for our newsletter.

Cottage conundrum

Since 1974, my wife and I owned a cottage. We seldom use the cottage but my kids and grandchildren enjoy its use all summer. If we sell the cottage, will we be subject to tax? If we are, can I gift the property to kids and avoid the taxes? -GERRY AND LORRAINE

Prior to December 31, 1981, it may have been possible to claim a capital gain exemption on the cottage. However, after 1981 an exemption can only be claimed on one principal residence per family unit. Family members include spouses, common law partners and children under 18 years of age. Therefore, any sale or transfer of ownership would be subject to capital gains, including gifting.

Individuals should check with their financial advisor/accountant for special



MONEY MATTERS HENRY CHOO CHONG choochonghcga@yahoo.ca

capital gains exemption election filed on their behalf with CRA.

With the escalating prices in stock market and real estate, including cottage property, timely and proper tax planning is a necessity. Consult a tax professional, they may not eliminate your tax liability but may minimize or prolong (defer) the collection.

Henry Choo Chong, CGA provides professional accounting and taxation solutions for individuals, businesses and corporations. E-mail all questions to Money Matters: choochonghega@yahoo.ca.

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metronews.ca **13**

mind&body



Studies show that artificial colouring — often found in candies — affects children's central nervous systems and heart rates.

Global health care

Patients may soon direct their own treatment

You prick your finger, put a few drops of blood in a vial, put it in an envelope and mail the package to a lab in Georgia.

In a few days, you check a secure website and find out if you have diabetes, or heart troubles or even cancer.

If you decide you need a doctor, you call a 24-hour help line staffed with physicians in India - a centre modelled on computer help centres operating there now - for advice on what care to get.

Then all you have to decide is which country you want the surgery to be done

There was no shortage of blue-sky thinking at a recent medical tourism conference in Las Vegas.

All the predictions about the future shared two basic conclusions: patients will become consumers directing their own care, and health care will soon be as globalized as manufacturing.

"Personally, I think the long term economy is going to be about multi-national health care corporations ... with facilities in North America and Asia," says Jason Yap, head of the Singapore Tourist Board's medical tourism office. "And patients will be sent to where resources are best deployed."



That's basically consumer goods are manufactured today, and the doctors and entrepreneurs attending the Health Care Globalization Summit saw no reason health care would be any dif-

In fact, Vishal Bali, who runs a chain of hospitals in India, says the future is largely already here. His Wockhardt Hospitals, for instance, already have a 24hour call centre.

Like Yap, Bali foresees a day when only minor procedures are done in the more expensive industrialized nations, while major surgery is conducted in developing countries where costs are lower. In India, for instance, bypass surgery can cost \$10,000, compared with

Patients will become consumers directing their own health care, according to experts at a recent

medical conference in Las Vegas.

more than \$100,000 in the

"It all boils down to cost savings," Bali says.

Dr. Brian Day, head of the Canadian Medical Association, foresees a day when Canada could be a medical tourism destination once waiting lists are eliminated

"I think we can come within a few thousand dollars of those Indian prices," says Day, who was not at the Vegas conference.

Computer companies are getting in on the act, as well. AOL co-founder Steve Case

medical tourism

As the medical tourism industry matures, it has begun to specialize. Here is a breakdown of some of the destinations, and their specialties:

» Latin America: Cosmetic surgery and dental work, traditionally targeting the U.S. market.

Singapore: High-end luxury health care, traditionally targeting Asian upper classes, but now branching out to North America and Europe.

South Korea: Targeting the growing Chinese middle class not yet able to afford Singapore, as well as the Japanese and U.S. markets.

» India: A high-volume destination. India stresses economies of scale and low prices.

> SOURCE: HEALTH CARE GLOBALIZATION SUMMIT

has set up revolutionhealth.com to help people direct their own care, while Google has just launched an online health records busi-

For many at the conference, easier access to records, traditionally the property of individual doctors and hospitals, was considered essential to the development of global health care.

Microsoft Corp., meanwhile, is developing ways for doctors to consult with one another and with patients by computer - especially handheld devices, in hopes of reducing response times.



Concerns have arisen over the safety of various perspiration products. Look for paraben-, aluminum salt-, and/or scent-free.

Sweat education



From the editors of alive magazine; alive.metro@ alive.com

An old euphemism says, "Horses sweat, men perspire, and women glow." Whatever we choose to call it – sweat, perspiration, or a healthy glow – the body's cooling mechanism is truly ingenious.

Sweat, essentially odourless, can become rather pungent once exposed to bacteria. A sizeable industry has grown to address people's concerns about body odour, and a wide variety of products are available to help guard us against perspiration

What do these products do exactly?

» Antiperspirants work by blocking sweat ducts, thereby reducing sweat production. They may also contain ingredients to inhibit bacteria growth.

Deodorants help prevent or reduce body odour, withSome combination of fragrances, antibacterial ingredients, and ingredients that change the pH of the underarm area (making it a less hospitable place for bacteria to live) is usually included.

Are there risks?

>> Concerns have arisen over aluminum salts - found in some antiperspirants - and their relation to Alzheimer's disease, and whether underarm products containing parabens can increase breast cancer

Research has yet to provide conclusive evidence to support these fears. Nonetheless, certain ingredients do have consumers concerned, not only for their own well-being but also for the environment, into which tons of personalcare product chemicals are washed every year.

alive is Canada's award-winning natu-ral health and wellness magazine. Every month alive focuses on traditional and holistic healing, beauty, environmental issues, mutrition, entotional well-being, and supplementation. Pick alive up for free at your natural health store. Visit alive.com for more.

TOP 10 REASONS TO REGISTER FOR THE WEEKEND TO END BREAST CANCER

Reason #2

Watch your pedometer short circuit after you hit 86, 543 steps!

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> Stay tuned for more reasons why you should register for this amazing Weekend.

14 mind & body



In your health food store you can find healthy versions of popular snacks. Look for potato and corn chips and preservative-free crackers and pretzels made from organic grains. They're made without transfatty acids and other harmful substances.

Dating truths better than fiction

f the recent hype over Sex And The City: The Movie has taught us anything, it's that in a world of sex, love and confusion, many of us look for inspiration on sorting out our relationships from wherever we can get it.

However, the best lessons about the opposite sex often come from real life experiences — from the horrifying dates that make us swear off dating to the exhilarating ones that bring us back to it.

With more than 400 first dates from a three and a half year time frame in her arsenal, Carissa Reiniger is familiar with both the ups and downs of dating and all that exists in between.

"One guy brought me apple butter on the first date," she laughs. "He gave it to me because he said he thought I was the kind of



Author Carissa Reiniger discusses the real life ups and downs of dating in her book Stories From Our Black Books.

girl who would like apple butter."

I wonder if a second date would have gotten her a loaf of bread to accompany the sweet treat.

Other memorable moments from her dating life thus far include the hopeless romantic who showed up for their casual date in a

full suit with a dozen roses, the man who spent the evening desperately trying to convince her he was a brain surgeon, and a guy who waited until the end of their great date to mention he had a girlfriend

It's stories like these that made the 25-year-old entrepreneur, who grew up in Edmonton but now lives in Toronto, parlay her own experiences as well as countless more from other women into a book called Stories From Our Black Books.

"There are so many books and plays and movies based on fiction, trying to come up with all of these crazy stories that people think are interesting

enough

than fic-

to create material out of.
But I think fact is a thou-sand times
KASIA IGLINSKI more in-

datingjungle@metronews.ca teresting

tion," says Reiniger on why she's brought these stories from women on love and dating to the forefront.

One story that sticks out in Reiniger's mind is the woman who waited excitedly for her date to pick her up ... until she saw the four dead coyotes in the back of his truck.

But more than the entertainment value these stories have is the truths about relationships we can all glean from them.

'So many women are on the search for love, but the reality is I don't think you can be in a good relationship until you are in a good place as an individual," says Reiniger. "It is a journey for everyone. If we're in a relationship that's not good the only person who can change that is ourselves, or if we're in a relationship that's great the only person who can keep it that way is ourselves.'

But it certainly helps to know there are others who can commiserate.

For more information visit stories from our black-books.com.

Kasia Iglinski is a journalist who enjoys her work and her dating life. Armed with a notepad and a curious mind, she's always on the prowl for a good story and a good date.

»news In Brief

- health experts extol the healing and revitalizing power of saunas. Saunas can help to eliminate drugs and other toxins from the body, cleanse the skin, soothe sore muscles and relieve a host of conditions including arthritis and asthma. Only 10 to 20 minutes of sauna time are required to work up a therapeutic sweat.
- » ENVIRONMENT Electronic billing and banking not only saves trees but also eliminate the mess of unsorted papers on your desk. If you haven't converted all your paper bills to e-bills, why not join the paperless revolution? You can also store e-bills and bank statements on a CD, which saves time, takes up less space than paper, and reduces clutter.
- » NUTRITION Eating unhealthy foods can

- adversely affect our emotional health. People who consume excessive amounts of caffeine, for example, often have many of the same physiological and psychological symptoms as people suffering from anxiety, while a diet with too much sugar has been linked to depression, aggression, and impaired judgment.
- » MIND How do your negative thoughts affect your life? Arrange pictures into a collage that shows the sadness, fear, and other negative feelings you may experience. Post your collage in a prominent place to remind you what you are losing by thinking negatively. Once you can observe your negative thoughts, you can begin to control them.

Visit alive.com for more health and wellness information. ALIVE MAGAZINE

What's in your deodorant?

alive

From the editors of alive magazine; alive.metro@ alive.com

You may wish to look for deodorant or antiperspirant products that don't contain these ingredients:

FRAGRANCES (INCLUDING NATURAL SCENTS)

» Block sweat gland ducts; in some people, this blockage may contribute to the formation of painful cysts » May irritate sensitive skin and can trigger a variety of symptoms in those who are right: Kiss My Face Active Enzyme deodorant contains no parabens, available at health stores.

scent-sensitive

- » Are petroleum-based preservatives
- » May cause skin irritation
- » Have shown estrogenic and hormone-disrupting properties in animals
- »Have been found in tissue from human breast cancers

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» Block sweat gland ducts; in some people, this blockage may contribute to the formation of painful cysts



alive is Canada's award-winning natural health and wellness magazine. Every month alive focuses on traditional and holistic healing, beauty, environmental issues, untrition, emotional well-heing, and supplementation. Pick alive up for free at your natural health store.

Visit alive.com for more.



Athletic date ideas:

- **1.** Batting cage followed by beers.
- **2.** Rock climbing followed by smoothies.
- **3.** Kayaking followed by
- 4. Hiking and a picnic.
- **5.** Salsa dancing followed by a tapas dinner
 - Kasia Iglinski/Metro Halifax



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entertainment /

Former American Idol contestant Katharine McPhee, left, is starring in the indie psychological drama The Storyteller. EW.COM

Tradition of Irish dance

Riverdance connects with fans around the world

By DEAN LISK Metro Halifax

There is a little more pressure - and a bit more appreciation - when he gets to perform in a Celtic or Irish community.

"There is that other buzz," said Liam Ayres, one of the main steppers in the fleetfooted show Riverdance. "We hear from people at Irish bars, and people who come backstage, telling us that they did Irish dancing or their grandchildren are doing it

"There are people with the show that sniff the Irish bars out in every city we go to." And there have been a lot of

"I like that the show gives me the opportunity to do something that I enjoy doing," said Riverdance performer Liam Ayres.

cities. During his more than four years with the show, Ayres has performed around the world. Halifax — with its five shows starting Friday is among the latest cities being visited as the show says

farewell to audiences.

"I like that the show gives me the opportunity to do something that I enjoy doing, which I grew up doing since such a young age," said Ayres.

A third generation Aus-

Ça Cloche

dans ma Caboche

for their

upcoming

performan

ces of Les 7

Jours

Simon Lahrosse

students rehearse

info box

- When: Friday at 8 p.m., Saturday at 2 p.m. and 8 p.m., and Sunday at 2 p.m. and 8 p.m.
- Where: Halifax Metro Centre.
- Tickets: \$54.50 and \$79.50. Call 451-1221.

tralian, his grandparents moving to the island country in the 1950s, six of his 11 "aunties and uncies" were step dancers.

"There was never any force. It was always our own choice. It was something we enjoyed, something which was different to do.'

It was Ayres's aunt Christine and uncle Raymond, dance instructors in Melbourne, who taught him the family tradition.

"We started competing it

ended up that we were relatively good at it," added Ayres with a note of modesty. The former national champion remembers going to see Riverdance as a kid.

"It was really exciting and it was in a massive arena and it was on a huge stage and they were doing steps that we could learn to do, it was something you could aspire to get into."

It's those steps he is pertoday. forming Michael Flatley is usually associated with Riverdance, it is Colin Dunne who choreographed much of the steps Avres dances.

"They aren't as showy as the ones Michael Flatley did," he said. "Colin is one of the best in the world. So it is really exciting to be doing the steps he created."

Movies in metro Halifax for the three-day period starting May 30, are:

- 1. Sex And The City
- 2. Indiana Jones: Kingdom Of The Crystal Skull
- 3. The Strangers
- 4. The Chronicles Of Narnia: Prince Caspian
- 5. Iron Man

- Source: Empire Theatres



MAGIC Magician Henry Lewis will perform at the Beth Israel Synagogue Auditorium on Thursday, June 19, at 8 p.m. Call 422-1301 for details.

'A big first' for French theatre

By **DEAN LISK** Metro Halifax

For the first time in recent memory, the curtain is about to rise on a French-language play in Halifax.

"It's a big first," said Pascale Roger-Mckeever. "There is a very large Francophone community in the area, and a lot people who are bilingual or would have a good time at a comedy like this.

"It's a comedy with a lot of dark comments about society and the world we live in "

An acclaimed actor, she is directing Les 7 Jours De Simon Labrosse, the inaugural production of the French-language theatre company Ça Cloche dans ma Caboche. It will be staged in Neptune's Studio Theatre starting today.

"It has been going very well, it has been very unpretentious, very low key, and I think that is a good way to start," said Roger-Mckeever, who co-founded the company with Gwénaël Derrien in 2007.

For the last year-and-ahalf Roger-Mckeever has been teaching a series of two month theatre workshops to



French-speaking adults in the Halifax area.

"The students have begun to get really good over time," she said "I really felt it was time for them to do a play so they could take what they learned to a different level."

She came across Montrealwriter Carole Fréchette's play, and knew right away it would be perfect for the group because there are a number of roles which needed to be cast.

Les 7 Jours De Simon Labrosse — the seven days of Simon Labrosse — is about an out-of-work man who is about to be evicted from his apartment. He has a vivid imagination, and comes up with all kinds of ideas on how to make money.

"Everybody has been really into it and working really hard," Roger-Mckeever said about the students. "It is mostly laughter. These aren't professional actors, so I don't expect them to go into dark places - and the kind of

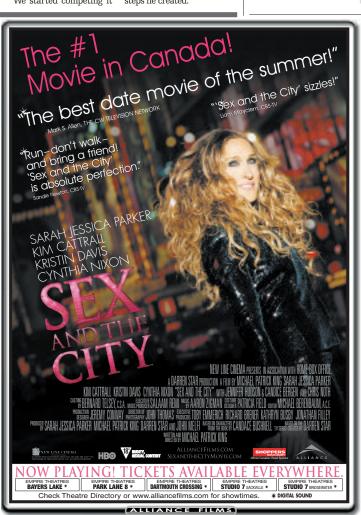
places I go when I perform."

info box

» What: Ça Cloche dans ma Caboche presents Les 7 Jours De Simon Labrosse, a comedy by Carole Fréchette. Where: Neptune The-

atre's Studio Stage » When: Today through Thursday, 8 p.m.

Tickets: Suggested \$10 or \$15 donation. Call 455-4411 or at the door.



16 entertainment



Bryce Dallas Howard, left, is in talks to replace Charlotte Gainsbourg as Kate Connor in Terminator Salvation: The Future Begins. Gainsbourg had to bow out because of scheduling conflicts with another film, a French comedy.

legal

O'Neal busted for drugs, cops say

PEOPLE Oscar-winning ac-



tress Tatum O'Neal was arrested on suspicion of buying drugs near her Manhattan home

on Sunday, Reuters reports police as having said yesterday. She has a court date of July 28.

project

Pitt to design **Dubai** hotel

PEOPLE Actor Brad Pitt has been named designer of a green hotel and resort in Dubai, People.com reports.

Pitt will be part of a team of design consultants.

METRO NEWS SERVICES

Top shows returning

CTV rolls out its fall lineup

By SANDY CAETANO for Metro Halifax

It was an evening of glitz and glamour as CTV rolled out the red carpet and pulled out the big guns, offering all those in attendance at their 2008 Upfront Presentation sneak peaks of their new fall season lineup

In addition to a look at their new fall 2008 schedule, journalists, media executives, advertising partners and other TV big wigs got to schmooze at Toronto's Four Seasons Centre for the Performing Arts with all the stars.

Stars at the event included Enrico Colantoni (Just Shoot Me, Veronica Mars), Amy Jo Johnson (Felicity, What About Brian), Hugh Dillon (Durham County), Mary Murphy (So You Think You Can Dance Canada, guest judge), Dan Karaty (So You Think You Can Dance Canada, guest judge), and Leah Miller (So You Think You Can Dance Canada, host). Also on hand performing her hit Seven Day Fool was Canadian Idol's newest member, R&B singer Jully Black.

CTV announced their fall lineup along with the first ever cross-country, Fall 2008 Schedule for "A" (formerly A-Channel).

The two schedules will complement each other featuring Canada's most-watched breakthrough programs. freshmen hits and seven, new big buzz series.



Four sevenths of the principal cast of Corner Gas at the CTV 2008 Upfront Presentation at the Four Seasons Centre in Toronto, the last for the group, whose show begins its final season in the fall.

The announcement comes as CTV ends the 2007/08 broadcast season as Canada's No. 1 network among total viewers for the seventh consecutive year.

A total of 18 of Canada's

Top 20 shows will be returning to CTV and A - Terminator: The Sarah Connor Chronicles, Grey's Anatomy, ER, Lost, CSI: NY, Criminal Minds Law & Order Desperate Housewives and more

schedule in North American broadcasting. Nevertheless, as we did during the strike, we will continue to engage viewers with fresh new content in the few openings we have available," said Susanne Boyce. President. Creative. Content and Channels, CTV Inc.

Two of the seven new series include Flashpoint the Canadian-produced series to be simulcast with CBS, and the world premiere of The Listener, the Canadian-produced series airing in the U.S. on NBC and in 175 other countries. The others are So You Think You Can Dance Canada. Fringe, The Mentalist. Eleventh Hour and Star Wars: The Clone Wars, a new series from Lucasfilm Animation

For more visit www.ctv.ca.

music

Rock legend Bo Diddley dead

FAREWELL Rock 'n' roll pio-

neer Bo Diddley, who banged

out hit songs powered by the

relentless "Bo Diddley beat"

that influenced rockers from

Buddy Holly to U2, died yes-

Diddley died of heart fail-

his management

ure at his home in Archer.

agency, Talent Consultants

International, said in a state-

terday at the age of 79.

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Tip of the Day: Half the world is composed of people who have something to say and can't, and the other half who have nothing to say and keep on saying it. - Robert Frost

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GLOBAL INTEREST



His agency said public and private services are planned for this weekend.

more online

» For DVD reviews of Semi-Pro: Let's Get Sweat Edition, Meet The Spartans, Rescue Me, Vince Vaughn's Wild West Comedy Show, and City Slickers, go to metronews.ca.

Danny Glover, right, along with Thandie Newton and Oliver Platt are in discussions to join 2012, the latest disaster movie from Godzilla director Roland Emmerich. The film is about the survivors of a global cataclysm; Glover would play the U.S. president. REUTERS



show info

WHAT: Jon McKiel WHERE: Hell's Kitchen

WHEN: Wed., June 4, 10 p.m.

tion, a solo performance can be really

fun and engaging for me. With the

band, people have to pay attention.

McKiel said the re-release on

Wednesday Records means the album

will be distributed in record stores

across Canada, and become available

in the United States and United King-

dom. He hopes to support the release

further by touring the United States

We are pretty loud with the band."

foreign box office

Indiana Jones. Sex reign overseas

FILM New domestic champ Sex And The City logged a sizzling opening in 13 foreign territories, but it was not enough to unseat Indiana Jones and the Kingdom Of The Crystal Skull.

The fourth installment in the adventure franchise earned an estimated \$71.5 US million from 60 territories — far short of the record second-weekend tally of \$103.2 million recorded last year by Pirates Of The Caribbean: At World's End.

Sex And The City, which enjoyed a stunning \$56 million opening in North America, earned \$39.2 million overseas, playing in key European territories as well as Turkey, Israel, Singapore, South African, Puerto Rico and Iceland.

McKiel kicks off new tour

Album's re-release by U.S. label prompts cross-country outing

By **DEAN LISK** Metro Halifax

e's toured the album once, and Jon McKiel is going to do it again.

The Amherst-raised musician, who travelled across eastern Canada last fall in support of The Nature Of Things, is heading out again now that the album has been released by California-based Wednesday Records.

Still, don't expect him to get a déjà vu feeling.

"I can't imagine it," said McKiel. "We are hitting some of the same cities we hit last time in Ontario, but we are going straight across to Victoria, and some of the guys in the band haven't been out there vet."

This latest tour will see McKiel



Jon McKiel, right, and his band will tour Canada throughout June and July.

start things off with a gig at Hell's Kitchen tomorrow night, followed by shows in Ontario, Saskatchewan, Alberta and British Columbia

"I have toured there solo, but never with the full band out," he said about Western Canada. "Depending on the room, and the people paying atten-

idiot box»

will return...

fonz in bronze

Statue to honour **Happy Days star**



Happy Days stars Henry Winkler

TELEVISION

as The Fonz (Fonzie), Marion Ross (Mrs. Cunningham), Tom Bosley (Mr. Cunningham), Erin Moran (Joanie), Don Most (Ralph Malph) and Anson Williams (Potsie) will return to Milwaukee on Aug. 19 for the dedication of a bronze Fonzie statue on the RiverWalk in downtown

eco author

McEwan tackles climate change

BOOKS Best-selling British author Ian McEwan surprised an audience at the Hay literary festival in Wales by reading a preview extract from his novel in progress, due in about two years. The as-yet-untitled book tells the story of Nobel prize-winner Michael Beard, and his attempts to save the world from environmental damage. "The way to write about climate change is through writing about human nature," said McEwan. REUTERS

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critics'corner

It's that time again. Time to weed out the good from the bad and the ugly on a quest to find Canada's next singing sensation. Ben Mulroney returns as host of season six, which, like its predecessors, opens with the sometimes funny, frequently painful audition rounds, as judges Farley Flex, Jake Gold, Sass Jordan and Zack Werner decide who goes to the next round and who goes home. Singer Jully Black joins the crew as mentor and coach to the performers. 8 PM on CJCH



The Wilby Conspiracy

The Wilby Conspiracy
Run, Sidney, run! Sidney Poitier stars as Shack, a South African
activist on the run in this 1975 drama. After he and his lawyer's
boyfriend (Michael Caine) are attacked by racist policemen — and
the two fight back — they are forced to go on the lam. They head
for safety in Johannesburg but are pursued by an officer (Nicol Williamson) hoping they will lead him to a rebel named Wilby (Joe De
Graft). Prunella Gee and Rutger Hauer also star. 10:40 AM on PIX

Invincible It's never too late to pursue your dreams. Based on a true story and filled with traditional Disney warm fuzzies, this 2006 drama stars Mark Wahlberg as a teacher who gets a chance to try out for pro football. Greg Kinnear plays the Philadelphia Eagles coach who makes him an offer. Elizabeth Banks, Kevin Conway, Kirk Acevedo and Michael Rispoli co-star. 11 AM on M1

Boston Legal Has Denny (William Shatner) looked in the mirror lately? He's firing an associate from the firm because she's too fat. Not only is that a discrimination suit waiting to happen, but Denny isn't exactly svelte himself. It's Alan (James Spader) who has the big case in this episode: defending Patrice Kelly (Mare Winningham) and trying to convince the jury she was insane when she murdered her child's killer. 8 PM on CIHF; 11 PM on ABC

celebritybuzz

don't comment on future editorial."

Coming out?

indsay Lohan has allegedly passed on an offer by OK! magazine to say she's gay. According to the New York Post's pagesix.com, insiders say that Lohan and OK! are in talks to do a cover where Lohan "comes out" about her relationship with gal pal Samantha Ronson, and the mag has offered her "around \$1 million to do the cover." One source said, "Lindsay really wants this to happen and she needs the money." Lohan's rep however denies there's a deal, saying, "They sent offers and we passed." OK! said, "We

Metro News Services

to femalefirst.co.uk, the hitmaker has drawn up a wish list of musicians and producers she wants to work with when she next hits the studio, with Winehouse, Duffy, and

R&B star Rihanna wants to

record a "feminist anthem" for

her next album with fellow

house and Duffy. According

chart-toppers Amy Wine-

Rihanna wants to team up with Winehouse

Winehouse-collaborator Mark Ronson right at the top. Rihanna talks of a 'dream team with Winehouse and Duffy: "How amazing would that be?

We've all got three different voices, it would be brilliant. Now that would be a feminist anthem. I love Amy. I think she's great, so unique. I love her

album. And I also love what Duffy is doing, she's brilliant, as well."

Metro Nev



Harrison Ford has blasted rumours he is planning to marry longtime girlfriend Calista Flockhart this summer, imdb.com reports. Some have suggested the pair, who have dated since 2002, will make their union formal as soon as Ford finishes promotional duties on the new Indiana Jones movie.

But a representative for the 65year-old insists marriage reports are "tabloid rumour and nothing more."

Metro News Services

Murphy replaced

Brittany Murphy has been dropped by Disney from the forth coming Tinker Bell film, according to imdb.com. Murphy was to provide the voice of Tinker Bell in an upcoming animated film about the Peter Pan fairy, but has since allegedly been replaced by 19year-old Mae Whit-

Murphy's acting career has stalled in recent years with the star receiving more attention for her personal life than

for her film roles.

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down»

- Forever and -
- Pier foundation
- The masses (2 wds.)
- Boise's st. 4 Tyrants
- Haciendas
- Cobra cousins
- Truth's opposite
- de mer 10 Tighter
- 11 Pie pro
- 12 Stadium
- 13 Greedy king of myth
- 19 Flashy sign
- 22 Hosp. areas
- 25 Form an opinion
- 26 Bicker
- 27 Have occasion for
- 28 Where Ur is
- 29 In (as found)
- 30 Baby grand

- 32 Made an effort 33 Unsteady
- 34 Efficient
- 35 Shrink's reply (2 wds.)
- 37 Wash out
- 38 Baseball gear
- 40 Small hen
- Most succinct 41
- 42 Bulrush or cattail
- 43 Note before la 44 Bread ingredient
- 45 Condor nest
- 46 Forest clearing
- 47 Has vibes
- 49 Oregon, to Yves
- 51 TV's Hawkeye
- 52 Jumble
- 54 Windy City, breezily
- 55 E-mail provider
- 57 Long March leader

across»

- Rose parasite
- 6 Soothes
- 11 Thud
- 14 Vacuum tube 15 From Bali
- 16 Christina's pop
- 17 Pen name
- 18 Explored caves
- 20 Oater answer
- 21 Early vegetables 23 Ms. Davis of "The Fly"
- 24 Dumpster outputs
- 26 Longhaired cats

- 28 Archipelago dots
- 30 Fluff feathers
- 31 Annoys
- 32 Striped animal
- 33 "— -Pan" (Clavell novel)
- 36 Bohr's study
- 37 Impostor
- 38 Crowds
- 39 On the -
- 40 Queeg's ship 41 Car owner's proof
- 42 Wild West show
- 43 Medium-sized sofa

- 44 Placed a bet.
- 47 Strong point
- 48 Hayes or Reddy 49 Sushi fish
- 50 Male sheep
- 53 Wipe out
- 56 Rousseau novel
- 58 Pitch in
- 59 Reef
- 60 Desert view
- 61 Undershirt 62 Knife handles
- 63 Frat-party wear



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W D 2 B



Genius

6 2 1 7 2 4 8 9 7 5 3 6 5 2 9 8 6 3 7 9 7 5 2 4 9 5 8 4 8 6 2 1 7 8 3 4

instructions »

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

solve time»

Under 13 minutes 13-17 minutes 17-21 21-25

Scholar Smart Pretty good More than 25 Keep practising

5	6	9	4	7	3	2	8	1
4	7	8	1	2	9	5	6	3
2	3	1	8	6	5	7	9	4
6	1	7	5	9	2	3	4	8
8	5	2	3	4	6	1	7	9
3	9	4	7	1	8	6	5	2
1	8	5	9	3	7	4	2	6
7	2	3	6	8	4	9	1	5
9	4	6	2	5	1	8	3	7

HOROSCOPE



ARIES | March 21-April 20

There'll be a brief period to make a move. You'll be told what to do next. Get in touch with lost friends.



TAURUS | April 21-May 21

Your lack of gumption has made someone uneasy. Don't wait for the truth to be told. A helpful human gives you fresh hope.



GEMINI | May 22-June 21

A loving person's magic exceeds all bounds. A surprise ensues when airing opposing views. Confusion over legality complicates things.



CANCER | June 22-July 22 Existential weariness won't get the work done. Get cracking on an unresolved issue.



LEO July 23-Aug. 23

An opponent remembers your savoir-faire. Face something that you've been avoiding. A bad boy has left the building.



VIRGO | Aug. 24-Sept. 22

A work situation will influence your decisions. Change an attitude that gets in the way of efficiency. A boss is grateful for your consideration.



An advantage is found at work. A relative interferes with the business at hand. A friendly enemy will make a shoulder available.



SCORPIO Oct. 24- Nov. 22

Too much denial must be witnessed. A team stages a rebellion. A snooping person gets a higher position.



SAGITTARIUS | Nov. 23- Dec. 21

Meet with a mechanic for fresh insight. An apathetic person has an issue with discrimination. A kinky friend causes distress.



CAPRICORN | Dec. 22-Jan. 20

A visitor has better news than you expected. Whining about authority will kick off a peculiar change. A break-up is imminent.



AQUARIUS | Jan. 21-Feb. 18

Yielding to a lover will thaw out relations. Permit destiny to take over for ease and comfort. Check up on people even if you're busy.



PISCES | Feb. 19-Mar. 20

Sassy comebacks face disciplinary action. Make time for a lonely senior. A lovely woman moves you with her words. AVATAR VENUS

This Day IN HISTORY

June 3. 1620: Construction of the oldest stone church in French North America. Notre-Dame-des-Anges, begins at Quebec City.

June 3, 1885: Last military

engagement fought on

Canadian soil: Cree leader

Big Bear escapes the North

June 3, 1889: The Canadian Pacific Railway is completed from coast to coast.

June 3, 1935: One thousand unemployed Canadian workers board freight cars in Vancouver, beginning a protest trek to Ottawa.

WIKIPEDIA.ORG

Halifax weather



Partly cloudy. 21°



Variable.



Wednesday



17° / 10

Thursday



16°/8°

Friday

Mainly sunny. 20°/10°



Temperature Normals High: 16.6° Low: 7.9°

Records High: 26.1°/1949 Low: 3.9°/1945

Sunrise: 5:30 a m Sunset: 8:54 p.m. Moonrise: 4:44 a.m. Moonset: 9:25 p.m.

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